STATE OF MARYLAND
MILITARY DEPARTMENT
FIFTH REGIMENT ARMORY
BALTIMORE, MARYLAND 21201-2288

MDNG-AG-HRO (310-1q) 1 May 2001

HRO POLICY/GUIDANCE LETTER #38

SUBJECT: AGR - Army Physical Fitness Program Requirements

SEE DISTRIBUTION

1. Reference:

a. AR 350-15.

b. AR 135-18.

c. AR 600-8-2.

d. NGR 600-5.

e. AR 600-31.

2. Policies regarding APFT requirements for AGR soldiers are listed below:

a. AGR soldiers are required to take the APFT twice a year.

b. NGR 600-5 identifies physical fitness as a condition of employment in the AGR Program. Any soldier failing their APFT for the first time will have their records flagged by their immediate supervisor of their unit in accordance with AR 600-8-2. Flags for APFT failure will block favorable actions for the soldier, i.e. promotions, reenlistments, reassignment. etc..

c. APFT failure as a basis for elimination from an AGR Tour

This HRO Policy/Guidance Letter supersedes HRO Policy/Guidance Letter #38 dated 1 July 1997, same subject

must include failure of the record APFT and a retest that are three (3) months apart.

d. AR 135-18 identifies persons ineligible for subsequent tours as those who are or should be flagged and officers who have received a referred OER 12 months preceding tour continuation boards.

e. Soldiers flagged or who should be flagged will not have records boarded before tour continuation board. Those soldiers failing to have flag removed will be separated for failure to attain and maintain physical fitness standards IAW NGR 600-5.

3. Only Active Army Medical Treatment Facility profiles on a DA Form 3349 will be acceptable as excusal from APFT requirements.

4. All supervisors are instructed to counsel AGR soldiers under their supervision regarding this policy, and to ensure that they understand the impact for failure of the APFT.

FOR THE ADJUTANT GENERAL:

ANNETTE M. DEENER
COL, GS, MDARNG
Human Resource Officer

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All Full-Time Support Managers/
Supervisors (Army Only)